About Helen: After spending more than a decade working in finance, Helen faced health issues while being pregnant. That was what made her realise there's much more to life than being a slave to your business. She was shown the Nu Skin model at the end of 2012 and it hit home immediately but it wasn't until the start of 2013 when she had her daughter that she really committed to building her business, driven by the desire to be a stay at home mum by building a new business. After Helen went on her first Nu Skin Success Trip she knew this business vehicle would provide her with the financial and time freedom she needed to live and enjoy life the best way she can, it also allowed her to involve her children Max and Lana, and to show them a whole new world which they could only dream of before.



- What has been the best part of your journey? I love working with others who are dreamers as this helps me through every day to keep going. I am no longer just building my business for my family, it is also to help others and seeing your team and friends achieve their goals is best part of this business
- What would you do differently if you could start again? I would follow the system that's in place. It's not rocket science just be coachable, listen to your uplines and follow the S7 Silver Booklet's Core Habits of a Leader. This will lead you to becoming a successful leader

Random Trivia: While I was doing my driving test somebody called the radio's morning rush hour traffic report and described me as a crazy person driving down the bicycle lane of Erskine Bridge!

"There are two types of people who will tell you that you cannot make a difference in this world: those who are afraid to try and those who are afraid you will succeed." - Ray Goforth