

About Catherine: With a background in the beauty industry that spans 20 years, Catherine managed to build a successful teeth whitening business and lectured at college before joining Nu Skin. At first she ran her Nu Skin business parallel to her teeth whitening company, but fuelled by a strong ambition she committed full-time to Nu Skin not long thereafter. By following the guidance of her senior business partners Catherine has been able to create success for herself, and coach her business partners to achieve the same. Encouraged by her family to follow her dream, Catherine now has the means and freedom to pursue her passion for travelling.



Catherine Freeman



- **What advice would you give a brand new person?** Be patient at this, as you won't become a millionaire overnight. Consistency is the secret, set your goals, commit to your plan, and follow the proven system.
- **What would you do differently if you could start over again?** I'd listen to what people want, give them the information they need, link them to the system and make them independent as quickly as possible. And I wouldn't waste time on people for whom I wanted success more than they wanted it for themselves.

Random Trivia: While on holiday in 2009 I had a row with Amy Winehouse because of her bad manners. Two days later she introduced me to her father and apologised.

“Think it. Feel it. Receive it.”