About Karen: A debt collector for over 20 years, Karen re-trained as a therapist eight years ago but still felt like she was missing something in her life. She was introduced to Nu Skin three years ago and she knew it was the way she would achieve her dreams, the biggest one of which is to open a horse sanctuary in Tunisia. Karen has been an advocate for the Law of Attraction, but nothing could have prepared her for the personal development she has gone through, something for which she will be eternally grateful. One of Karen's favourite books has been *Outwitting the Devil* by Napoleon Hill. After reading that, she really turned a corner in her business and realised she can achieve anything she puts her mind to — combined with massive action of course!





- What has been the best part of your journey so far? When I reached the Ruby title, my team arranged a chauffeur to drive me to Glasgow in a Bentley (something that had been on my dream board for three years). Sharing my story in London, and hearing about the impact it had, was also a beautiful feeling.
- Why is it important to have a strong why? Your why is the reason for doing this business, it has to make your heart soar. When you get tough days, think about your why. As long as it's strong enough, you will push through any and all obstacles no matter what.

Random Trivia: I once met the great WWE wrestler Mick Foley in Walt Disney World Florida, and ran up to him like a big kid to snap a photo with him.

> "There's only one person who can stop you, and that person is you."