**About Susie:** After eight years as a freelance massage therapist, Susie opened her own sports massage clinic and massage school in Scotland. The businesses were very successful, and boasted a staff of over 10, four treatment rooms and corporate contracts that reached across the UK. Susie loved being a therapist but her businesses owned her, and time with her loved ones (especially her husband), was very limited. A doctor from America introduced Susie to Nu Skin and explained she could build an organisation around inspiring and helping others to be successful, while also doing good in the world. Once she committed to Nu Skin and realised that with a few years of hard work, determination, belief and inner strength she could achieve more than what some people achieve in 40 years of working life — time and financial freedom — she knew she'd made one of the best decisions of her life.





- How has Nu Sking positively impacted your life? Not only am I more grateful every day and live a fuller life spiritually and physically thanks to this business, it also taught me and my husband Chris more business skills than running my own two traditional businesses ever did.
- How do you balance the demands of time in your schedule? Everybody has the same 24 hours every day, but how you use those hours make the difference. I list the top three priorities for the following day and ensure I complete them before allowing anything or anyone to interrupt my day. I also work with a time management sheet every day.

**Random Trivia:** I learned to parachute and jumped out an airplane more than 40 times in one year, and got a warning that I'd be banned because I kept fooling around in the air.

"Don't ever let anyone dull your sparkle."